

Next generation women's health care solutions



Digital pelvic therapy available at no cost to qualifying employees as a wellness benefit.

Learn more at www.therahealth.com/hp/pep/colleagues



1 Expert, individualized care
 Therapies individualized to each program are guided by Pelvic Health Specialists, all of whom have a Doctor of Physical Therapy degrees.

2 Safe, intravaginal pod
 The pod is a safe, comfortable, non-invasive device designed to target pelvic floor muscles. Its encased in medical-grade silicone and non-toxic, phthalate-free, BPA-free plastic.

3 Personalized digital program
 The pod is used in conjunction with a personalized digital program that provides real-time biofeedback and tracks progress to tackle sting, urgency, and so on.

4 FDA-cleared and safe
 The pod is FDA-cleared and safe for use, as determined by the Food and Drug Administration (FDA).

How prevalent are pelvic disorders?

- 1 in 4** women suffer from moderate to severe pelvic floor disorders
- 50%** of pregnant and postpartum women experience pelvic floor disorders
- 53%** of women with chronic pelvic pain experience reduced work productivity and absenteeism
- 74%** of women aged 18-59 experience pelvic floor disorders
- 1 in 3** women aged 60+ experience pelvic floor disorders